



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Greminger, Horst

Total time: 1:26:40

Club: Lorsch

Number: 222

Course: 25.50 km

Rank in course/Total: 227 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 181 (of 220)

Best time in course: 58:13

Category:

Rank in category: 2(of 4)

Senioren 6 (TM 65-69)

Best time in the category: 1:24:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	12:26	0.00	2	0:48	159	5:15	0.50	12:26	0.00	5		220	4:01
Schwimmen Total	0.50	12:26												
Rad	20.00	42:30	28.24	1	-	134	9:19	20.50	54:56	21.84	4		219	11:49
Rad Total	20.00	42:30												
Lauf	5.00	31:44	9.45	3	4:02	213	21:35	25.50	1:26:40	17.31	2	2:36	190	28:27
Lauf Total	25.00	1:26:40												