



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Urban, Martin

Total time: 1:14:19

Club: TSV 03 Wolfskehlen

Number: 246

Course: 25.50 km

Rank in course/Total: 103 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 97 (of 220)

Best time in course: 58:13

Category:

Rank in category: 20(of 45)

Senioren 1 (TM 40-44)

Best time in the category: 1:00:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	11:52	0.00	30	4:18	138	4:41	0.50	11:52	0.00	14		220	3:27
Schwimmen Total	0.50	11:52												
Rad	20.00	39:40	30.25	14	6:21	71	6:29	20.50	51:32	23.29	14		219	8:25
Rad Total	20.00	39:40												
Lauf	5.00	22:47	13.17	25	12:38	117	12:38	25.50	1:14:19	20.18	21	14:08	105	16:06
Lauf Total	25.00	1:14:19												