



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Baust, Nadine

Total time: 1:37:58

Club: TV Dielheim

Number: 237

Course: 25.50 km

Rank in course/Total: 274 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 68 (of 74)

Best time in course: 1:03:24

Category:

Rank in category: 6(of 6)

weibl. AK 1 (TW 20-24)

Best time in the category: 1:08:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	13:26	0.00	5	6:23	64	6:23	0.50	13:26	0.00	7	6:23	5	4:56
Schwimmen Total	0.50	13:26												
Rad	20.00	59:22	20.21	6	19:03	73	23:27	20.50	1:12:48	16.48	7	25:26	5	28:23
Rad Total	20.00	59:22												
Lauf	5.00	25:10	11.92	3	3:37	31	6:18	25.50	1:37:58	15.31	6	29:03	68	34:34
Lauf Total	25.00	1:37:58												