



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Neil, Stephanie

Total time: 1:21:46

Club: Mühlthal

Number: 263

Course: 25.50 km

Rank in course/Total: 187 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 32 (of 74)

Best time in course: 1:03:24

Category:

Rank in category: 13(of 20)

Seniorinnen 1 (TW 40-44)

Best time in the category: 1:13:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	10:39	0.00	4	1:15	15	3:36	0.50	10:39	0.00	21		75	2:09
Schwimmen Total	0.50	10:39												
Rad	20.00	42:36	28.17	6	3:08	15	6:41	20.50	53:15	22.54	21		75	8:50
Rad Total	20.00	42:36												
Lauf	5.00	28:31	10.52	17	9:39	56	9:39	25.50	1:21:46	18.34	13	8:20	32	18:22
Lauf Total	25.00	1:21:46												