



# 8. Lorsch Triathlon

Lorsch / 28.08.2011

## Detailed evaluation

**Disque, Stefanie**

**Total time: 1:18:28**

Club: LSV07 Ludwigshafen

Number: 332

Course: 25.50 km

Rank in course/Total: 147 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 14 (of 74)

Best time in course: 1:03:24

Category:

Rank in category: 5(of 20)

Seniorinnen 1 (TW 40-44)

Best time in the category: 1:13:26

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	11:02	0.00	5	1:38	17	3:59	0.50	11:02	0.00	21		75	2:32
Schwimmen Total	0.50	11:02												
Rad	20.00	45:43	26.25	14	6:15	39	9:48	20.50	56:45	21.15	21		75	12:20
Rad Total	20.00	45:43												
Lauf	5.00	21:43	13.81	2	2:51	5	2:51	25.50	1:18:28	19.12	5	5:02	14	15:04
Lauf Total	25.00	1:18:28												