



# 8. Lorsch Triathlon

Lorsch / 28.08.2011

## Detailed evaluation

### Washington, Elizabeth

Total time: 1:30:31

Club: SKV Mörfelden Team Moewathlon

Number: 258

Course: 25.50 km

Rank in course/Total: 251 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 58 (of 74)

Best time in course: 1:03:24

Category:

Rank in category: 7(of 9)

Seniorinnen 3 (TW 50-54)

Best time in the category: 1:12:53

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Schwimmen	0.50	13:31	0.00	7	65	4:07	6:28	0.50	13:31	0.00	10	75	2:23	5:01
Schwimmen Total	0.50	13:31												
Rad	20.00	47:34	25.23	5	51	8:47	11:39	20.50	1:01:05	19.65	10	75	4:19	16:40
Rad Total	20.00	47:34												
Lauf	5.00	29:26	10.19	8	60	7:29	10:34	25.50	1:30:31	16.57	7	58	17:38	27:07
Lauf Total	25.00	1:30:31												