



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Kremer, Gerhard

Total time: 1:12:11

Club: Springhansel

Number: 308

Course: 25.50 km

Rank in course/Total: 67 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 65 (of 220)

Best time in course: 58:13

Category:

Rank in category: 15(of 35)

männl. AK 4 (TM 35-39)

Best time in the category: 59:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	11:03	0.00	22	3:52	103	3:52	0.50	11:03	0.00	36		220	2:38
Schwimmen Total	0.50	11:03												
Rad	20.00	43:10	27.80	29	9:59	143	9:59	20.50	54:13	22.13	36		219	11:06
Rad Total	20.00	43:10												
Lauf	5.00	17:58	16.70	2	0:25	18	7:49	25.50	1:12:11	20.78	15	13:01	72	13:58
Lauf Total	25.00	1:12:11												