



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Quarz, Jochen

Total time: 1:32:57

Club: Viernheim

Number: 280

Course: 25.50 km

Rank in course/Total: 262 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 199 (of 220)

Best time in course: 58:13

Category:

Rank in category: 27(of 29)

männl. AK 3 (TM 30-34)

Best time in the category: 58:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	16:54	0.00	29	9:26	218	9:43	0.50	16:54	0.00	8	7:40	220	8:29
Schwimmen Total	0.50	16:54												
Rad	20.00	51:28	23.32	29	17:50	209	18:17	20.50	1:08:22	17.55	8	23:44	219	25:15
Rad Total	20.00	51:28												
Lauf	5.00	24:35	12.20	26	12:36	157	14:26	25.50	1:32:57	16.14	29	34:44	208	34:44
Lauf Total	25.00	1:32:57												