



# 8. Lorsch Triathlon

Lorsch / 28.08.2011

## Detailed evaluation

**Hechler, Holger**

**Total time: 1:17:29**

Club: Team Freetime

Number: 318

Course: 25.50 km

Rank in course/Total: 134 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 123 (of 220)

Best time in course: 58:13

Category:

Rank in category: 27(of 35)

männl. AK 4 (TM 35-39)

Best time in the category: 59:10

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	12:44	0.00	30	5:33	166	5:33	0.50	12:44	0.00	36	0:14	220	4:19
Schwimmen Total	0.50	12:44												
Rad	20.00	39:46	30.18	15	6:35	73	6:35	20.50	52:30	22.86	36		219	9:23
Rad Total	20.00	39:46												
Lauf	5.00	24:59	12.01	29	7:26	168	14:50	25.50	1:17:29	19.36	27	18:19	132	19:16
Lauf Total	25.00	1:17:29												