



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Rosenberger, Alexander

Total time: 1:19:18

Club: Vroni's-Tanzstudio

Number: 323

Course: 25.50 km

Rank in course/Total: 157 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 140 (of 220)

Best time in course: 58:13

Category:

Rank in category: 5(of 9)

männl. AK 1 (TM 20-24)

Best time in the category: 1:06:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:55	0.00	4	1:53	101	3:44	0.50	10:55	0.00	9	1:33	220	2:30
Schwimmen Total	0.50	10:55												
Rad	20.00	45:50	26.18	6	6:23	178	12:39	20.50	56:45	21.15	10	7:01	219	13:38
Rad Total	20.00	45:50												
Lauf	5.00	22:33	13.30	4	4:09	111	12:24	25.50	1:19:18	18.92	6	12:25	149	21:05
Lauf Total	25.00	1:19:18												