



# 8. Lorsch Triathlon

Lorsch / 28.08.2011

## Detailed evaluation

**Gärtner, Sascha**

**Total time: 1:04:29**

Club: TV Lampertheim Triathlon

Number: 400

Course: 25.50 km

Rank in course/Total: 21 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 20 (of 220)

Best time in course: 58:13

Category:

Rank in category: 3(of 29)

männl. AK 3 (TM 30-34)

Best time in the category: 58:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:01	0.00	8	1:33	31	1:50	0.50	9:01	0.00	30		220	0:36
Schwimmen Total	0.50	9:01												
Rad	20.00	35:05	34.20	2	1:27	11	1:54	20.50	44:06	27.21	30		219	0:59
Rad Total	20.00	35:05												
Lauf	5.00	20:23	14.72	11	8:24	62	10:14	25.50	1:04:29	23.26	3	6:16	22	6:16
Lauf Total	25.00	1:04:29												