



# 8. Lorsch Triathlon

Lorsch / 28.08.2011

## Detailed evaluation

Sauer, Mario

Total time: 1:22:15

Club: RSC Reinheim

Number: 390

Course: 25.50 km

Rank in course/Total: 192 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 159 (of 220)

Best time in course: 58:13

Category:

Rank in category: 25(of 29)

männl. AK 3 (TM 30-34)

Best time in the category: 58:13

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	13:26	0.00	26	5:58	184	6:15	0.50	13:26	0.00	30	4:12	220	5:01
Schwimmen Total	0.50	13:26												
Rad	20.00	46:12	25.97	26	12:34	182	13:01	20.50	59:38	20.12	30	15:00	219	16:31
Rad Total	20.00	46:12												
Lauf	5.00	22:37	13.26	19	10:38	113	12:28	25.50	1:22:15	18.24	27	24:02	168	24:02
Lauf Total	25.00	1:22:15												