



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Knaup, Daniel Ralf

Total time: 1:26:40

Club: TV Einhausen

Number: 361

Course: 25.50 km

Rank in course/Total: 229 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 181 (of 220)

Best time in course: 58:13

Category:

Rank in category: 7(of 9)

männl. AK 1 (TM 20-24)

Best time in the category: 1:06:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	14:17	0.00	8	5:15	201	7:06	0.50	14:17	0.00	9	4:55	220	5:52
Schwimmen Total	0.50	14:17												
Rad	20.00	45:06	26.61	5	5:39	168	11:55	20.50	59:23	20.21	10	9:39	219	16:16
Rad Total	20.00	45:06												
Lauf	5.00	27:17	11.00	9	8:53	189	17:08	25.50	1:26:40	17.31	8	19:47	190	28:27
Lauf Total	25.00	1:26:40												