



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Schambach, Jens

Total time: 1:30:43

Club: DLRG Lorsch

Number: 4

Course: 25.50 km

Rank in course/Total: 253 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 194 (of 220)

Best time in course: 58:13

Category:

Rank in category: 26(of 31)

Senioren 2 (TM 45.49)

Best time in the category: 1:00:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	11:15	0.00	16	3:16	112	4:04	0.50	11:15	0.00	32		38	2:50
Schwimmen Total	0.50	11:15												
Rad	20.00	50:24	23.81	30	15:42	203	17:13	20.50	1:01:39	19.46	32		38	18:32
Rad Total	20.00	50:24												
Lauf	5.00	29:04	10.32	28	18:41	205	18:55	25.50	1:30:43	16.53	28	29:45	203	32:30
Lauf Total	25.00	1:30:43												