



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Koch, Markus

Total time: 1:33:24

Club: Lorsch

Number: 37

Course: 25.50 km

Rank in course/Total: 264 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 200 (of 220)

Best time in course: 58:13

Category:

Rank in category: 27(of 31)

Senioren 2 (TM 45.49)

Best time in the category: 1:00:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	12:17	0.00	22	4:18	150	5:06	0.50	12:17	0.00	32		40	3:52
Schwimmen Total	0.50	12:17												
Rad	20.00	46:33	25.78	27	11:51	184	13:22	20.50	58:50	20.40	32		40	15:43
Rad Total	20.00	46:33												
Lauf	5.00	34:34	8.68	30	24:11	215	24:25	25.50	1:33:24	16.06	29	32:26	209	35:11
Lauf Total	25.00	1:33:24												