



# 8. Lorsch Triathlon

Lorsch / 28.08.2011

## Detailed evaluation

**Fritz, Sylke**

**Total time: 1:15:16**

Club: SKV Mörfelden Team Möwathlon

Number: 55

Course: 25.50 km

Rank in course/Total: 115 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 10 (of 74)

Best time in course: 1:03:24

Category:

Rank in category: 4(of 20)

Seniorinnen 1 (TW 40-44)

Best time in the category: 1:13:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	11:26	0.00	9	2:02	29	4:23	0.50	11:26	0.00	19		75	2:56
Schwimmen Total	0.50	11:26												
Rad	20.00	40:51	29.38	3	1:23	9	4:56	20.50	52:17	22.95	19		75	7:52
Rad Total	20.00	40:51												
Lauf	5.00	22:59	13.05	7	4:07	15	4:07	25.50	1:15:16	19.93	4	1:50	10	11:52
Lauf Total	25.00	1:15:16												