



# 8. Lorsch Triathlon

Lorsch / 28.08.2011

## Detailed evaluation

**Fritz, Sylke**

**Total time: 1:15:16**

Club: SKV Mörfelden Team Möwathlon

Number: 55

Course: 25.50 km

Rank in course/Total: 115 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 10 (of 74)

Best time in course: 1:03:24

Category:

Rank in category: 4(of 20)

Seniorinnen 1 (TW 40-44)

Best time in the category: 1:13:26

| Intermediate times |          |            |            | Stage score |             |           |              | Total ranking |            |            |          |             |           |              |
|--------------------|----------|------------|------------|-------------|-------------|-----------|--------------|---------------|------------|------------|----------|-------------|-----------|--------------|
| Control            | Split km | Split Time | Split km/h | Pos Cat.    | Behind Cat. | Pos Women | Behind Women | Total km      | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Schwimmen          | 0.50     | 11:26      | 0.00       | 9           | 2:02        | 29        | 4:23         | 0.50          | 11:26      | 0.00       | 19       |             | 75        | 2:56         |
| Schwimmen Total    | 0.50     | 11:26      |            |             |             |           |              |               |            |            |          |             |           |              |
| Rad                | 20.00    | 40:51      | 29.38      | 3           | 1:23        | 9         | 4:56         | 20.50         | 52:17      | 22.95      | 19       |             | 75        | 7:52         |
| Rad Total          | 20.00    | 40:51      |            |             |             |           |              |               |            |            |          |             |           |              |
| Lauf               | 5.00     | 22:59      | 13.05      | 7           | 4:07        | 15        | 4:07         | 25.50         | 1:15:16    | 19.93      | 4        | 1:50        | 10        | 11:52        |
| Lauf Total         | 25.00    | 1:15:16    |            |             |             |           |              |               |            |            |          |             |           |              |