



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Moock, Dr. Gabriela

Total time: 1:23:35

Club: SSG Trias Bensheim

Number: 66

Course: 25.50 km

Rank in course/Total: 207 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 37 (of 74)

Best time in course: 1:03:24

Category:

Rank in category: 5(of 9)

Seniorinnen 3 (TW 50-54)

Best time in the category: 1:12:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	12:07	0.00	5	2:43	46	5:04	0.50	12:07	0.00	10	0:59	75	3:37
Schwimmen Total	0.50	12:07												
Rad	20.00	44:08	27.19	3	5:21	25	8:13	20.50	56:15	21.33	10		75	11:50
Rad Total	20.00	44:08												
Lauf	5.00	27:20	10.98	7	5:23	47	8:28	25.50	1:23:35	17.95	5	10:42	37	20:11
Lauf Total	25.00	1:23:35												