



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Schmidt, Holger

Club: Mannem vorn

Number: 132

Course: 25.50 km

Lorsch Triathlon 0,5-20-5

Category:

Senioren 1 (TM 40-44)

Rank in course/Total: DSQ (of 294)

Rank in course/Men: DSQ (of 220)

Best time in course: 58:13

Rank in category: DSQ(of 45)

Best time in the category: 1:00:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	12:23	0.00	36	4:49	157	5:12	0.50	12:23	0.00	46		220	3:58
Schwimmen Total	0.50	12:23												
Rad	20.00	41:15	29.09	26	7:56	108	8:04	20.50	53:38	22.37	46	0:12	219	10:31
Rad Total	20.00	41:15												
Lauf	5.00	10:09	29.56	1	-	1	-	25.50	-	-	-	-	-	-
Lauf Total	25.00	1:03:47												