



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Rüdiger, Kathrin

Total time: 1:24:32

Club: Lorsch

Number: 52

Course: 25.50 km

Rank in course/Total: 214 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 40 (of 74)

Best time in course: 1:03:24

Category:

Rank in category: 15(of 20)

Seniorinnen 1 (TW 40-44)

Best time in the category: 1:13:26

Intermediate times

Stage score

Total ranking

Control	Split		Split km/h	Pos Cat.	Behind Cat.	Pos		Behind	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
	km	Time				Women	Women								
Schwimmen	0.50	11:30	0.00	10	2:06	32	4:27	0.50	11:30	0.00	13			75	3:00
Schwimmen Total	0.50	11:30													
Rad	20.00	43:33	27.55	8	4:05	22	7:38	20.50	55:03	21.80	13			75	10:38
Rad Total	20.00	43:33													
Lauf	5.00	29:29	10.18	19	10:37	61	10:37	25.50	1:24:32	17.74	15	11:06	40	21:08	
Lauf Total	25.00	1:24:32													