



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Zubrod, Jutta

Total time: 1:24:37

Club: ERSG Darmstadt

Number: 72

Course: 25.50 km

Rank in course/Total: 215 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 41 (of 74)

Best time in course: 1:03:24

Category:

Rank in category: 6(of 10)

Seniorinnen 2 TW 45-49)

Best time in the category: 1:12:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Women	Behind Women	
								km	Time	km/h	Pos	Behind	Pos					Behind
Schwimmen	0.50	12:17	0.00	5	3:59	48	5:14	0.50	12:17	0.00	3	3:59	75	3:47				
Schwimmen Total	0.50	12:17																
Rad	20.00	39:53	30.09	2	1:04	5	3:58	20.50	52:10	23.00	3	0:33	75	7:45				
Rad Total	20.00	39:53																
Lauf	5.00	32:27	9.24	10	9:36	69	13:35	25.50	1:24:37	17.73	6	11:42	41	21:13				
Lauf Total	25.00	1:24:37																