



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Röllich, Mona

Total time: 1:25:07

Club: Heppenheim

Number: 62

Course: 25.50 km

Rank in course/Total: 217 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 43 (of 74)

Best time in course: 1:03:24

Category:

Rank in category: 3(of 6)

weibl. AK 1 (TW 20-24)

Best time in the category: 1:08:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Schwimmen	0.50	14:53	0.00	6	74	7:50	74	0.50	14:53	0.00	7	75	7:50	6:23
Schwimmen Total	0.50	14:53												
Rad	20.00	46:45	25.67	3	43	6:26	10:50	20.50	1:01:38	19.47	7	75	14:16	17:13
Rad Total	20.00	46:45												
Lauf	5.00	23:29	12.78	2	19	1:56	4:37	25.50	1:25:07	17.62	3	43	16:12	21:43
Lauf Total	25.00	1:25:07												