



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Wiedemann, Sylvia

Total time: 1:28:27

Club: Gesundheitswerkstatt Dudenhofen

Number: 57

Course: 25.50 km

Rank in course/Total: 238 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 53 (of 74)

Best time in course: 1:03:24

Category:

Rank in category: 6(of 8)

weibl. AK 2 (TW 25-29)

Best time in the category: 1:18:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	13:13	0.00	6	4:34	60	6:10	0.50	13:13	0.00	4	4:00	75	4:43
Schwimmen Total	0.50	13:13												
Rad	20.00	49:01	24.48	6	4:25	56	13:06	20.50	1:02:14	19.28	4	7:39	75	17:49
Rad Total	20.00	49:01												
Lauf	5.00	26:13	11.44	3	3:17	38	7:21	25.50	1:28:27	16.96	6	9:51	53	25:03
Lauf Total	25.00	1:28:27												