



# 8. Lorsch Triathlon

Lorsch / 28.08.2011

## Detailed evaluation

### Verhoef, Mieke

Total time: 1:28:27

Club: Lorsch

Number: 83

Course: 25.50 km

Rank in course/Total: 239 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 53 (of 74)

Best time in course: 1:03:24

Category:

Rank in category: 6(of 7)

weibl. AK 4 (TW 35-39)

Best time in the category: 1:03:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	12:34	0.00	7	4:04	50	5:31	0.50	12:34	0.00	1	-	75	4:04
Schwimmen Total	0.50	12:34												
Rad	20.00	47:56	25.03	6	12:01	52	12:01	20.50	1:00:30	19.83	1	-	75	16:05
Rad Total	20.00	47:56												
Lauf	5.00	27:57	10.73	5	8:58	54	9:05	25.50	1:28:27	16.96	6	25:03	53	25:03
Lauf Total	25.00	1:28:27												