



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Adrian, Thomas

Total time: 1:08:42

Club: ATB Heuchelheim

Number: 110

Course: 25.50 km

Rank in course/Total: 49 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 48 (of 220)

Best time in course: 58:13

Category:

Rank in category: 6(of 31)

Senioren 2 (TM 45.49)

Best time in the category: 1:00:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:43	0.00	11	2:44	91	3:32	0.50	10:43	0.00	25		220	2:18
Schwimmen Total	0.50	10:43												
Rad	20.00	38:42	31.01	7	4:00	57	5:31	20.50	49:25	24.28	25		219	6:18
Rad Total	20.00	38:42												
Lauf	5.00	19:17	15.56	5	8:54	39	9:08	25.50	1:08:42	21.83	8	7:44	53	10:29
Lauf Total	25.00	1:08:42												