



8. Lorsch Triathlon

Lorsch / 28.08.2011

Detailed evaluation

Hofer, Bernadette

Total time: 1:29:31

Club: Bensheim

Number: 56

Course: 25.50 km

Rank in course/Total: 244 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 57 (of 74)

Best time in course: 1:03:24

Category:

Rank in category: 6(of 9)

Seniorinnen 3 (TW 50-54)

Best time in the category: 1:12:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	14:31	0.00	9	5:07	73	7:28	0.50	14:31	0.00	10	3:23	75	6:01
Schwimmen Total	0.50	14:31												
Rad	20.00	49:19	24.33	7	10:32	58	13:24	20.50	1:03:50	18.80	10	7:04	75	19:25
Rad Total	20.00	49:19												
Lauf	5.00	25:41	11.68	5	3:44	35	6:49	25.50	1:29:31	16.76	6	16:38	57	26:07
Lauf Total	25.00	1:29:31												