



# 8. Lorsch Triathlon

Lorsch / 28.08.2011

## Detailed evaluation

**Glanzner, Stephan**

**Total time: 1:12:23**

Club: Allumbar

Number: 137

Course: 25.50 km

Rank in course/Total: 70 (of 294)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 68 (of 220)

Best time in course: 58:13

Category:

Rank in category: 14(of 45)

Senioren 1 (TM 40-44)

Best time in the category: 1:00:11

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:33	0.00	11	1:59	49	2:22	0.50	9:33	0.00	46		220	1:08
Schwimmen Total	0.50	9:33												
Rad	20.00	39:50	30.13	16	6:31	75	6:39	20.50	49:23	24.30	46		219	6:16
Rad Total	20.00	39:50												
Lauf	5.00	23:00	13.04	27	12:51	121	12:51	25.50	1:12:23	20.72	15	12:12	75	14:10
Lauf Total	25.00	1:12:23												