



15. Mühlhäuser Altstadtlauf
Mühlhausen / 27.08.2011

Detailed evaluation

Kapell, Jens

Club: Aufbau MHL
Number: 302

Course: 5.00 km
5 km-Lauf

Category:
Männer

Total time: 22:06

Speed: 13.57 km/h
Running performance: 4:25 min/km

Rank in course/Total: 32 (of 138)

Rank in course/Men: 26 (of 85)

Best time in course: 16:25

Rank in category: 21(of 64)

Best time in the category: 16:25