



15. Mühlhäuser Altstadtlauf  
Mühlhausen / 27.08.2011

Detailed evaluation

Tiffert, Nadine

Club: Diedorf  
Number: 273

Course: 5.00 km  
5 km-Lauf

Category:  
Frauen

Total time: 24:41

Speed: 12.15 km/h  
Running performance: 4:56 min/km

Rank in course/Total: 61 (of 138)

Rank in course/Women: 12 (of 53)

Best time in course: 20:13

Rank in category: 2(of 37)

Best time in the category: 24:20