



15. Mühlhäuser Altstadtlauf  
Mühlhausen / 27.08.2011

Detailed evaluation

Steinbach, Lars

Club: Stadtverwaltung Mühlhausen  
Number: 222

Course: 5.00 km  
5 km-Lauf

Category:  
Männer

Total time: 24:56

Speed: 12.03 km/h  
Running performance: 4:59 min/km

Rank in course/Total: 64 (of 138)

Rank in course/Men: 50 (of 85)

Best time in course: 16:25

Rank in category: 38(of 64)

Best time in the category: 16:25