



15. Mühlhäuser Altstadtlauf  
Mühlhausen / 27.08.2011

Detailed evaluation

Carius, Rene`

Club: Görmar  
Number: 153

Course: 5.00 km  
5 km-Lauf

Category:  
Männer

Total time: 26:26

Speed: 11.35 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 82 (of 138)

Rank in course/Men: 63 (of 85)

Best time in course: 16:25

Rank in category: 48(of 64)

Best time in the category: 16:25