



15. Mühlhäuser Altstadtlauf
Mühlhausen / 27.08.2011

Detailed evaluation

Dr.Sippel, Kathrin

Club: Mühlhausen
Number: 190

Course: 5.00 km
5 km-Lauf

Category:
Frauen

Total time: 28:17

Speed: 10.61 km/h
Running performance: 5:40 min/km

Rank in course/Total: 102 (of 138)

Rank in course/Women: 33 (of 53)

Best time in course: 20:13

Rank in category: 19(of 37)

Best time in the category: 24:20