



15. Mühlhäuser Altstadtlauf
Mühlhausen / 27.08.2011

Detailed evaluation

Groß, Silvia

Club: Sparkasse Unstrut-Hainich
Number: 208

Course: 5.00 km
5 km-Lauf

Category:
Frauen

Total time: 28:24

Speed: 10.56 km/h
Running performance: 5:41 min/km

Rank in course/Total: 104 (of 138)

Rank in course/Women: 34 (of 53)

Best time in course: 20:13

Rank in category: 20(of 37)

Best time in the category: 24:20