



15. Mühlhäuser Altstadtlauf  
Mühlhausen / 27.08.2011

Detailed evaluation

Koch, Sascha

Club: Mühlhausen  
Number: 267

Course: 5.00 km  
5 km-Lauf

Category:  
Männer

Total time: 28:30

Speed: 10.53 km/h  
Running performance: 5:42 min/km

Rank in course/Total: 109 (of 138)

Rank in course/Men: 73 (of 85)

Best time in course: 16:25

Rank in category: 57(of 64)

Best time in the category: 16:25