



15. Mühlhäuser Altstadtlauf  
Mühlhausen / 27.08.2011

Detailed evaluation

**Jagemann, Sandra**

Club: Mühlhausen  
Number: 191

Course: 5.00 km  
5 km-Lauf

Category:  
Frauen

Total time: 31:16

Speed: 9.59 km/h  
Running performance: 6:15 min/km

Rank in course/Total: 122 (of 138)

Rank in course/Women: 45 (of 53)

Best time in course: 20:13

Rank in category: 31(of 37)

Best time in the category: 24:20