



15. Mühlhäuser Altstadtlauf  
Mühlhausen / 27.08.2011

Detailed evaluation

Hamsch-Friske, Oliver

Club: USV Erfurt Oscar F  
Number: 1846

Course: 10.00 km  
Hauptlauf

Category:  
Männer M40

Total time: 38:56

Speed: 15.41 km/h  
Running performance: 3:53 min/km

Rank in course/Total: 12 (of 156)

Rank in course/Men: 12 (of 131)

Best time in course: 31:45

Rank in category: 2(of 23)

Best time in the category: 38:45