



15. Mühlhäuser Altstadtlauf
Mühlhausen / 27.08.2011

Detailed evaluation

Frontke, Thomas

Club: Bickenriede

Number: 1828

Course: 10.00 km

Hauptlauf

Category:

Männer M45

Total time: 38:58

Speed: 15.40 km/h

Running performance: 3:54 min/km

Rank in course/Total: 13 (of 156)

Rank in course/Men: 13 (of 131)

Best time in course: 31:45

Rank in category: 1(of 15)

Best time in the category: 38:58