



15. Mühlhäuser Altstadtlauf
Mühlhausen / 27.08.2011

Detailed evaluation

Kindervater, Lars

Club: FSV Schernberg
Number: 1877

Course: 10.00 km
Hauptlauf

Category:
Männer M40

Total time: 40:38

Speed: 14.77 km/h
Running performance: 4:04 min/km

Rank in course/Total: 22 (of 156)

Rank in course/Men: 22 (of 131)

Best time in course: 31:45

Rank in category: 4(of 23)

Best time in the category: 38:45