



15. Mühlhäuser Altstadtlauf
Mühlhausen / 27.08.2011

Detailed evaluation

Bodewald, Frank

Club: Altengottern

Number: 1719

Course: 10.00 km

Hauptlauf

Category:

Männer M40

Total time: 42:30

Speed: 14.12 km/h

Running performance: 4:15 min/km

Rank in course/Total: 33 (of 156)

Rank in course/Men: 33 (of 131)

Best time in course: 31:45

Rank in category: 6(of 23)

Best time in the category: 38:45