



15. Mühlhäuser Altstadtlauf
Mühlhausen / 27.08.2011

Detailed evaluation

Pönicke, Marlis

Club: Chemnitzer LV Megware
Number: 1882

Course: 10.00 km
Hauptlauf

Category:
Frauen W50

Total time: 44:13

Speed: 13.57 km/h
Running performance: 4:25 min/km

Rank in course/Total: 40 (of 156)

Rank in course/Women: 1 (of 25)

Best time in course: 44:13

Rank in category: 1(of 4)

Best time in the category: 44:13