



15. Mühlhäuser Altstadtlauf
Mühlhausen / 27.08.2011

Detailed evaluation

Rödiger, Martin

Club: Bundeswehr
Number: 1736

Course: 10.00 km
Hauptlauf

Category:
Männer M40

Total time: 44:16

Speed: 13.55 km/h
Running performance: 4:26 min/km

Rank in course/Total: 41 (of 156)

Rank in course/Men: 40 (of 131)

Best time in course: 31:45

Rank in category: 7(of 23)

Best time in the category: 38:45