



15. Mühlhäuser Altstadtlauf
Mühlhausen / 27.08.2011

Detailed evaluation

Flis, Robert

Club: Darmstädter Lauffreiw
Number: 1844

Course: 10.00 km
Hauptlauf

Category:
Männer M45

Total time: 45:17

Speed: 13.25 km/h
Running performance: 4:32 min/km

Rank in course/Total: 51 (of 156)

Rank in course/Men: 50 (of 131)

Best time in course: 31:45

Rank in category: 6(of 15)

Best time in the category: 38:58