



15. Mühlhäuser Altstadtlauf
Mühlhausen / 27.08.2011

Detailed evaluation

Hirt, Thomas

Club: FC Gontenschwil Schweiz
Number: 1857

Course: 10.00 km
Hauptlauf

Category:
Männer M40

Total time: 46:09

Speed: 13.00 km/h
Running performance: 4:37 min/km

Rank in course/Total: 56 (of 156)

Rank in course/Men: 54 (of 131)

Best time in course: 31:45

Rank in category: 9(of 23)

Best time in the category: 38:45