



15. Mühlhäuser Altstadtlauf
Mühlhausen / 27.08.2011

Detailed evaluation

Mende, Herbert

Club: Fa Rübsam
Number: 1746

Course: 10.00 km
Hauptlauf

Category:
Männer M55

Total time: 46:18

Speed: 12.96 km/h
Running performance: 4:38 min/km

Rank in course/Total: 57 (of 156)

Rank in course/Men: 55 (of 131)

Best time in course: 31:45

Rank in category: 4(of 11)

Best time in the category: 42:44