



15. Mühlhäuser Altstadtlauf  
Mühlhausen / 27.08.2011

Detailed evaluation

Trautmann, Heiko

Number: 1887

Course: 10.00 km  
Hauptlauf

Category:  
Männer M45

Total time: 47:05

Speed: 12.74 km/h

Running performance: 4:43 min/km

Rank in course/Total: 68 (of 156)

Rank in course/Men: 65 (of 131)

Best time in course: 31:45

Rank in category: 8(of 15)

Best time in the category: 38:58