



15. Mühlhäuser Altstadtlauf
Mühlhausen / 27.08.2011

Detailed evaluation

Messing-Häfner, Matthias

Club: Bundeswehr

Number: 1730

Course: 10.00 km

Hauptlauf

Category:

Männer M20

Total time: 48:47

Speed: 12.30 km/h

Running performance: 4:53 min/km

Rank in course/Total: 84 (of 156)

Rank in course/Men: 80 (of 131)

Best time in course: 31:45

Rank in category: 19(of 29)

Best time in the category: 35:26