



15. Mühlhäuser Altstadtlauf  
Mühlhausen / 27.08.2011

Detailed evaluation

Manegold, Heiko

Club: Mühlhausen  
Number: 1760

Course: 10.00 km  
Hauptlauf

Category:  
Männer M40

Total time: 49:43

Speed: 12.07 km/h  
Running performance: 4:58 min/km

Rank in course/Total: 93 (of 156)

Rank in course/Men: 87 (of 131)

Best time in course: 31:45

Rank in category: 15(of 23)

Best time in the category: 38:45