



15. Mühlhäuser Altstadtlauf
Mühlhausen / 27.08.2011

Detailed evaluation

Dr. Krumbein, Ludger

Club: 1. Helker SV
Number: 1850

Course: 10.00 km
Hauptlauf

Category:
Männer M50

Total time: 52:32

Speed: 11.42 km/h
Running performance: 5:15 min/km

Rank in course/Total: 119 (of 156)

Rank in course/Men: 110 (of 131)

Best time in course: 31:45

Rank in category: 8(of 11)

Best time in the category: 38:53