



15. Mühlhäuser Altstadtlauf  
Mühlhausen / 27.08.2011

Detailed evaluation

Lambrecht, Hans-Dieter

Club: Mühlhausen  
Number: 1806

Course: 10.00 km  
Hauptlauf

Category:  
Männer M50

Total time: 52:41

Speed: 11.39 km/h  
Running performance: 5:16 min/km

Rank in course/Total: 121 (of 156)

Rank in course/Men: 112 (of 131)

Best time in course: 31:45

Rank in category: 9(of 11)

Best time in the category: 38:53