



15. Mühlhäuser Altstadtlauf  
Mühlhausen / 27.08.2011

Detailed evaluation

Rink, Heiko

Club: Altengottern

Number: 1836

Course: 10.00 km

Hauptlauf

Category:

Männer M40

Total time: 53:00

Speed: 11.32 km/h

Running performance: 5:18 min/km

Rank in course/Total: 123 (of 156)

Rank in course/Men: 114 (of 131)

Best time in course: 31:45

Rank in category: 20(of 23)

Best time in the category: 38:45