



15. Mühlhäuser Altstadtlauf
Mühlhausen / 27.08.2011

Detailed evaluation

Apel, Michaela

Club: Leinfelde
Number: 1755

Course: 10.00 km
Hauptlauf

Category:
Frauen W20

Total time: 55:19

Speed: 10.85 km/h
Running performance: 5:32 min/km

Rank in course/Total: 131 (of 156)

Rank in course/Women: 11 (of 25)

Best time in course: 44:13

Rank in category: 2(of 3)

Best time in the category: 48:58